

Dr. Tim Gabbett Biography



Dr. Tim Gabbett has 20 years experience working as an applied sport scientist with athletes and coaches from a wide range of sports.

He holds a PhD in human physiology (2000) and has completed a second PhD in the 'Applied Science of Professional Football' (2011), with special reference to physical demands, injury prevention, and skill acquisition.

Tim has worked with elite international athletes over several Commonwealth Games and Olympic Games cycles.

He continues to work as a sport science consultant and advisor for several high performance teams around the world. Tim has published over 200 peer-reviewed articles and has presented at over 200 national and international conferences.

He is committed to providing '*real world*' support for coaches and athletes. To contact Tim visit www.gabbettperformance.com