

Igor Tak Biography

Igor was trained as Physical Therapist (BA) in Utrecht (NL) and completed his Master of Science in Physiotherapy and Rehabilitation Sciences in Leuven (B) by research at Spine & Joint Centre Rotterdam.

Since 2000 he specializes in diagnostics and (post operative) treatment of sports and orthopaedic injuries. Since 2008 he is consulting physiotherapist and co-owner at “Physiotherapy Utrecht Oost – Centre for Health, movement and sports”, a multi disciplinary treatment centre for movement related disorders (www.fysiopraktijk.nl).

Igor is coordinator of the Masters of Physical Therapy in Sports program and lecturing in post-graduate education, covering topics in sports injury and rehabilitation for (sports) physiotherapists, sports medicine physicians and general practitioners. He has been speaker at national and international conferences.

He is affiliated to the Academic Medical Centre Amsterdam, department of Orthopaedics and Sports Traumatology that was recently recognized as IOC Research Centre, for his PhD project on hip and groin injuries in athletes supervised by professor Gino Kerkhoffs.