

Phil Glasgow Biography



Phil Glasgow is a highly experienced sports physiotherapist who has worked with elite athletes from a wide range of sports at numerous major championships. Phil was Chief Physiotherapist for Team GB at the Rio 2016 Olympic Games and was Head of Sports Medicine at the Sports Institute Northern Ireland for 14 years before moving to high performance consultancy in 2017.

Phil's doctoral studies examined factors associated with muscle damage; his current interests are in effective performance in both sporting and professional environments and in the management of muscle-tendon unit injuries. He is currently Vice President of Physios in Sport (UK).

Phil teaches on a number of postgraduate programmes at various UK and European universities and regularly presents at international conferences on various aspects of sports medicine. He is a visiting professor of the School of Sport at Ulster University.